

Corby 5 Wednesday 24th May 2017

Neil Sheward was the first of 7 Kenilworth Runners to complete the Corby 5 on Wednesday 24th May, finishing 80th in a time of 34:01. Louise Andrews was the first Kenilworth lady home, finishing 117th overall and 3rd LV40 in 36:16.

All Kenilworth Runners positions and times:-

Position	Name	Time
80	Neil Sheward	34:01
102	Tom Williams	35:25
117	Louise Andrews	36:16 3 rd LV40
243	Carla Fuste	42:32
280	Tom Dable	45:07
299	Sam Moffatt	46:25
305	Pauline Dable	47:30 1 st LV65

Ryton Pools 5, Ryton Pools, Thursday 25th May 2017

There was a large turnout for Kenilworth Runners at the Ryton Pools 5 mile race on Thursday 25th May with 61 runners out of 316 finishers and a large vocal group of supporters as well, who saw their runners win three out of the four team events.

In the ladies race Kenilworth's Sarah Rose was dominant finishing 1st in 31:46 and she was followed by Kenilworth ladies captain, Laura Pettifer, 2nd lady in a new PB time of 32:59, who was battling with local rivals from Spa Striders and Leamington on the first 2 laps before easing away on the final lap. Esther Illman and Gail Audhali were the next finishers and these 4 were the 1st ladies team. Kenilworth were also 1st masters ladies team with Jane Phillips also counting for the team.

In the men's race, Steve Marr was first home for Kenilworth in 5th position in 28:35 and Stuart Hopkins 8th in 28:55 and Andy Crabtree 9th in 29:00. The senior men's team narrowly missed being the first team, finishing second behind Leamington C&AC. However Kenilworth were the 1st men's masters team.

There were quite a few PB times for Kenilworth and there were also category wins for Gail Audhali (1st LV55) and Stan Alexander (1st V65). The race was won by David Mulvee of Leamington in 26:27.

All Kenilworth Runners positions and times:-

Position	Name	Time
5	Steve Marr	28:35
8	Stuart Hopkins	28:55
9	Andy Crabtree	29:00
16	George Crawford	29:27
19	Ben Taylor	29:38
23	Kev Hope	29:48
25	Stanley Doxey	29:53
40	Wayne Briggs	30:52
43	Matt Dyer	31:06
45	Simon Corley	31:10
47	Nick Williams	31:22
49	Peter Bryan	31:28

53	Sarah Rose	31:46 1 st lady
65	David Leadley	32:36
66	Will Barber	32:37
68	Martin Dorrill	32:42
70	Laura Pettifer	32:59 PB 2 nd lady
84	Ryan Baker	34:27
87	Tom Marshall	34:30
92	Richard Broadbent	34:34
96	Colin Bailey	34:40
105	Mark Aldritt	35:14
112	Tom Williams	35:24
115	Esther Illman	35:33
122	Gail Audhali	36:06 PB 1 st LV55
123	Stephen Chalkley	36:07
126	Stan Alexander	36:10 1 st V65
127	Jane Phillips	36:11PB
128	Barry Elkington	36:15
129	Dave Pettifer	36:20
130	Craig Phillips	36:24
133	Stef Lunn	36:41
138	Steve Yates	37:06
145	Gary Morgan	37:37
149	Steve Ramus	37:42
156	Tina Crow	38:15
157	Sigurd Assing	38:21
169	Lesley Mellor	39:00
183	Bella Doxey	39:44
184	Linda Fullaway	39:45
189	Rob Smart	40:18
191	Kerrie Flippance	40:28
194	Emma Wreford-Bush	40:48
195	Rachel Armstrong	41:00
212	Samantha Starvis	41:53
226	Mike Crust	43:15
228	Amanda Holmes	43:26
232	Mike Cahill	43:39
239	Tom Dable	44:41
243	Angela Smith-Welch	45:03
246	Simon Mottershead	45:12
247	Liz Cross	45:12
249	Liz Seers	45:20
250	Mandy Crust	45:35
259	Christina Marshall	47:00
268	Liz Hegan	47:30
276	Pauline Dable	48:49
286	Chris Luntley	50:14
287	Aidan Kayer	50:21
297	Helen Baker	52:30
316	Maggie Bowes	85:55



A happy coach with the 1st and 2nd ladies at Ryton 5





London Vitality 10k, Monday 29th May 2017

15 Kenilworth Runners joined 12,000 other runners in the Vitality 10k in London on Monday May 29th. Starting in the Mall and Finishing outside Buckingham Palace, conditions for the race were good if somewhat humid.

Wayne Briggs was the first home for Kenilworth in 450th position in a time of 38:06. Laura Pettifer ran another new PB of 40:27 for 83rd lady. Samantha Fowle also ran a new PB time. The race was won by Olympian Andrew Butchard in 29:18 and Jo Pavey was the first lady in 32:57.

All Kenilworth Runners positions and times:-

Position	Name	Time
450	Wayne Briggs	38:06
472	Simon Corley	38:22
560	Martin Dorrill	39:19
688 (83rd lady)	Laura Pettifer	40:27 PB
735	Neil Sheward	40:52
1244	Darren Pettifer	44:06
1246	Samantha Fowle	44:07 PB
1259	Tom Williams	44:09
1403 (224th lady)	Louise Andrews	44:48
2929	Kerrie Flippance	50:16
3163	Rachel Armstrong	51:01
3536	Debbie Streets	52:06
5710	Liz Cross	56:09
5519	Laura Cross	57:02
6447	Rachael Fell	59:14
6808	Anna Cross	1:00:02



Liverpool Rock & Roll Half marathon. Monday 29th May 2017

Kenilworth Runners Mark Alldritt and George Crawford ran the Liverpool Rock & Roll Half marathon, on Monday 29th May with some serious Beatles Sgt Pepper style bling and a free pint at the finish.

Over 20,000 took part over the weekend's events which included a 5k, 1 mile, full and half marathons. There were 8243 finishers in the half marathon

Mark Alldritt	337th	1:34.32
George Crawford:	922nd	1:43.37



Dorchester Marathon, Sunday 28th May 2017

Kenilworth Runners' Richard Cookson finished in 84th position in the Dorchester Marathon on Sunday 28th May, in a time of 3:39:48. Stef Lunn finished 125th in 3:52:21. There were 708 finishers.



Casterbridge Half Marathon, Sunday 28th May 2017

Kenilworth Runners' Gail Audhali had an excellent run in the Casterbridge Half Marathon on Sunday May 28th finishing 29th overall, 2nd lady and 1st LV50 in a time of 1:40:25. Richard Broadbent was home next in 47th position in a time of 1:43:50 and Linda Fullaway was 84th and 3rd LV50 in a time of 1:51:32. Tom Dable (227th 2:05:50, Pauline Dable (2nd LV60 2:16:39) and Sophie Cookson (512th 2:35:17) completed the Kenilworth finishers.



Champagne Gail

These were brand new races by White Star Runners from Dorset following picturesque routes through Thomas Hardy Country and passing through villages made famous by Tolpuddle Martyrs. The marathon started at 8.30am in cool conditions following a separate route to the half marathon which started an hour later in warm and sunny conditions. The two routes merged around 20miles (marathon and 8 (half) on the outskirts of Puddletown. Numerous long, winding hills with little downhill relief until the last mile.

Edinburgh Marathon, Sunday 28th May 2017

Kenilworth Runners' Phil Houghton ran well for his first marathon in Edinburgh on Saturday 28th May, finishing 678th in a time of 3:32:45. Jane Kidd was a little disappointed to miss the 4 hour mark by just 39 seconds (4:00:39) but finished 8th in the LV55 category.

The conditions for the race were reasonable, a little warm but overcast, and very little of the wind that sometimes effects this event along the coastal route to the east of Edinburgh.

The race was won by Julius Kiplagat in 2:17:13.

Great Manchester Run Half Marathon, Sunday 28th May 2017

Kenilworth Runners' Naomi Boards and Tom Woodhead ran the Great Manchester Run Half Marathon on Sunday 28th May, their first ever half marathon, on a very emotional day in Manchester.

Both were very pleased with their times with Tom finishing in 1:47:59 in 1220th place and Naomi 2:05:56 in position 3155. Bring on the next one.



Coventry Parkrun#370, Saturday 27th May 2017

633 finishers

All Kenilworth Runners positions and times:-

4	Jake KEAST	18:15	SM18-19	73.06%	4	First Timer!	1	
10	Peter BRYAN	18:54	VM50-54	78.66%	10	PB stays at 00:17:39	115	100
21	Nick WILLIAMS	19:55	VM40-44	69.54%	21	PB stays at 00:18:54	160	100
25	Sean MITCHELL	20:02	VM45-49	71.88%	25	PB stays at 00:19:54	35	
28	Ryan BAKER	20:07	JM15-17	67.11%	28	New PB!	70	50
35	Colin BAILEY	20:20	VM45-49	70.82%	34	New PB!	94	50
58	Clive PEARCE	21:21	VM50-54	69.63%	57	PB stays at 00:18:48	260	250
191	Ben FLIPPANCE	25:35:00	VM40-44	53.36%	183	PB stays at 00:24:17	56	50
294	Robert GREENWAY	28:16:00	VM60-64	57.72%	254	PB stays at 00:25:45	232	100
374	Rachel MILLER	30:42:00	VW35-39	49.51%	72	PB stays at 00:21:58	12	
402	Helen BAKER	31:39:00	VW50-54	54.29%	87	PB stays at 00:29:17	64	50

Leamington parkrun Saturday 27th May 2017

A total of 392 runners took part.

results for Leamington parkrun event #323

<u>Position</u> ▼	<u>Gender Position</u> ▼	<u>parkrunner</u> ▼	<u>Club</u> ▼	<u>Run Time</u> ▼
53	5	<u>Louise ANDREWS</u>	<u>Kenilworth Runners</u>	00:22:20
108	16	<u>Emma WREFORD-BUSH</u>	<u>Kenilworth Runners</u>	00:24:21
260	195	<u>Richard MILLER</u>	<u>Kenilworth Runners</u>	00:29:32
387	142	<u>Maggie BOWES</u>	<u>Kenilworth Runners</u>	00:50:23
388	143	<u>Ellen POWELL</u>	<u>Kenilworth Runners</u>	00:50:24
391	247	<u>Pavan AYYALASOMAYAJULA</u>	<u>Kenilworth Runners</u>	00:55:13

Rugby parkrun Saturday 27th May 2017

A total of 219 runners took part.

results for Rugby parkrun event #25

<u>Position</u> ▼	<u>Gender Position</u> ▼	<u>parkrunner</u> ▼	<u>Club</u> ▼	<u>Run Time</u> ▼
25	24	<u>Craig PHILLIPS</u>	<u>Kenilworth Runners</u>	00:22:38

Brueton parkrun Saturday 27th May 2017

A total of 432 runners took part.

results for Brueton parkrun event #360

<u>Position</u> ▼	<u>Gender Position</u> ▼	<u>parkrunner</u> ▼	<u>Club</u> ▼	<u>Run Time</u> ▼
46	44	<u>Neil SMITH</u>	<u>Kenilworth Runners</u>	00:22:01

Newport parkrun Saturday 27th May 2017

A total of 505 runners took part.

[results for Newport parkrun event #327](#)

<u>Position</u> ▼	<u>Gender Position</u> ▼	<u>parkrunner</u> ▼	<u>Club</u> ▼	<u>Run Time</u> ▼
39	35	<u>Chris LYONS</u>	<u>Kenilworth Runners</u>	00:21:12

Kingsbury Water parkrun Saturday 27th May 2017

A total of 480 runners took part.

[results for Kingsbury Water parkrun event #199](#)

<u>Position</u> ▼	<u>Gender Position</u> ▼	<u>parkrunner</u> ▼	<u>Club</u> ▼	<u>Run Time</u> ▼
37	33	<u>David PETTIFER</u>	<u>Kenilworth Runners</u>	00:22:17

Fell Foot parkrun, Newby Bridge Saturday 27th May 2017

A total of 218 runners took part.

[View full results for Fell Foot parkrun, Newby Bridge event #125](#)

<u>Position</u> ▼	<u>Gender Position</u> ▼	<u>parkrunner</u> ▼	<u>Club</u> ▼	<u>Run Time</u> ▼
65	58	<u>Michael SCANDRETT</u>	<u>Kenilworth Runners</u>	00:24:35

Daventry parkrun Saturday 27th May 2017

A total of 220 runners took part.

[View full results for Daventry parkrun event #138](#)

<u>Position</u> ▼	<u>Gender Position</u> ▼	<u>parkrunner</u> ▼	<u>Club</u> ▼	<u>Run Time</u> ▼
83	73	<u>Stewart UNDERHILL</u>	<u>Kenilworth Runners</u>	00:25:38

Ludlow parkrun Saturday 27th May 2017

A total of 86 runners took part.

[results for Ludlow parkrun event #66](#)

<u>Position</u> ▼	<u>Gender Position</u> ▼	<u>parkrunner</u> ▼	<u>Club</u> ▼	<u>Run Time</u> ▼
64	20	<u>Kimberley LUNN</u>	<u>Kenilworth Runners</u>	00:33:55

Stratford-upon-Avon parkrun Saturday 27th May 2017

A total of 269 runners took part.

[results for Stratford-upon-Avon parkrun event #67](#)

<u>Position</u> ▼	<u>Gender Position</u> ▼	<u>parkrunner</u> ▼	<u>Club</u> ▼	<u>Run Time</u> ▼
82	11	<u>Sonya TATE</u>	<u>Kenilworth Runners</u>	00:24:50
155	42	<u>Gemma MCGOVERN</u>	<u>Kenilworth Runners</u>	00:28:47

parkrun de Fontainebleau Saturday 27th May 2017

A total of 33 runners took part.

[results for parkrun de Fontainebleau event #27](#)

<u>Position</u> ▼	<u>Gender Position</u> ▼	<u>parkrunner</u> ▼	<u>Club</u> ▼	<u>Run Time</u> ▼
16	13	<u>Jim BRAITHWAITE</u>	<u>Kenilworth Runners</u>	00:25:57