

Telford 10K, Sunday 9th December 2018

There were new 10k PB's for 4 of the 6 Kenilworth Runners taking part in the Telford 10K on Sunday 9th December.

Dewi Williams was first home in 281st position in a new PB time of 36:06, Matt Dyer finished 291st in a new PB of 36:35, Sam Leadley was 330th in a new PB of 37:35 and David Leadley 374th in a new PB of 38:44.

The race attracts many top runners from around the UK because of its reputation as a fast course and also because of the chance to race against some the UKs leading athletes. With over 1240 finishers, the race winner was Callan Moody of Serpentine RC in 29: 31.

All Kenilworth Runners positions and times: -

Pos	Name	Net Time		Category	Cat Pos	Gender	Gen Pos
281	Dewi Williams	00:36:06	PB	MV35	47	Male	259
291	Matt Dyer	00:36:35	PB	MV35	50	Male	265
330	Sam Leadley	00:37:35	PB	M Sen	189	Male	295
374	David Leadley	00:38:44	PB	MV50	9	Male	332
448	Peter Bryan	00:40:10		MV50	11	Male	388
573	Dave Pettifer	00:44:08		MV65	5	Male	476



Matt and Dewi



Draycote Water 10K, Sunday 9th December 2018

One of 4 Kenilworth Runners racing, Andrew Siggers finished 2nd in The Race Organiser Draycote Water 10k on Sunday 9th December in a time of 35:10, incorporating the race into a long run of 20 miles.

The race was won by Adam Wright of Rugby & Northants AC in 34:26. There were 219 finishers.

All Kenilworth Runners positions and times: -

Pos	Name	Net Time	Category	Cat Pos	Gender	Gen Pos
2	Andrew Siggers	00:35:10	Male Senior	2	Male	2
55	Lucy Williams	00:48:12	Female Senior	8	Female	14
65	Linda Fullaway	00:49:38	FV50	2	Female	19
118	Chris Luntley	00:56:05	Male Senior	35	Male	78



Milton Keynes Winter Half Marathon, Sunday 9th December 2018

Howard Lancashire was the first of 8 Kenilworth Runners to complete the Milton Keynes Winter Half Marathon on Sunday 9th December finishing 14th overall in a new PB time of 1:19:27. Ryan Baker finished next and was delighted with his new PB of 1:28:55 and first time below 1:30, finishing 94th overall and 1st U20.

The race was won by Ryan Burling of Guernsey AC in 1:08:17. There were 1982 finishers.

All Kenilworth Runners positions and times: -

Pos.	Chip time	Name	Category
14	1:19:27	Howard Lancashire	(M) Senior
94	1:28:55	Ryan Baker	(M) U20
181	1:33:44	Colin Bailey	(M) V40
213	1:35:37	Oliver Beasley	(M) Senior
419	1:43:52	Jenny Vaughan	(F) Senior
995	1:59:22	Sophie Cookson	(F) Senior
1215	2:06:31	Evie Atkinson	(F) Senior
1422	2:14:44	Susan Foster	(F) Senior



Gloucester League Cross Country, Race 3, Wotton under Edge, South Gloucestershire. Sunday 9th December.

6 Kenilworth Runners took part in the 3rd race of the Gloucester League XC on Sunday 9th December.

This event was cancelled twice last year due to heavy snow on both occasions.

The course based around three undulating fields, with rough underfoot conditions, slippery mud, patches of stone and a deep dry ditch.

Ladies and Male Veterans 65+ - One small and two large laps. 3.9 miles

121 Stef Shillington 34:57 2nd MV75

123 Tom Dable 35:18 1st MV70

139 Pauline Dable 40:19 2nd LV70

There were 144 finishers. The race was won by Rachel Underhill , Cheltenham Harriers , 24.16

Senior mens Race 3 large laps 5.8 miles

59 Wayne Briggs 37:11

102 Roger Homes 39:31 2nd MV55

190 Neil Emsden 49:57

There were 192 finishers. The race was won by Alex Lawrie, Bath University, 31.34

Sneyd Christmas Pudding 10 mile, Sunday 9th December 2018

Kenilworth Runners' Martin Dorrill was the first of 4 Kenilworth Runners to complete the Sneyd Christmas Pudding 10 mile road race on Sunday 9th December, finishing 36th and 3rd V50 in a time of 1:05:52. Neil Sheward finished 39th and 4th V50 in 1:06:41.

For the ladies, Louise Andrews was 98th overall and 3rd LV45 in 1:14:35 and Debbie Streets 240th and 13th LV45 in 1:30:42.

The race was won by Ady Whitwam of Morpeth Harriers in 54:39. There were 385 finishers.

All Kenilworth Runners positions and times: -

Position	Name	Time
36	Martin Dorrill	1:05:52
39	Neil Sheward	1:06:41
98	Louise Andrews	1:14:35
240	Debbie Streets	1:30:42



Coventry parkrun

A total of 571 runners took part.

[View full results for Coventry parkrun event #441](#)

<u>Position</u>	<u>Gender</u>	<u>Position</u>	<u>parkrunner</u>	<u>Club</u>	<u>Run Time</u>
4	4		<u>Anluan HENNIGAN</u>	<u>Kenilworth Runners</u>	00:18:13
14	14		<u>David LEADLEY</u>	<u>Kenilworth Runners</u>	00:19:26
31	31		<u>Neil SHEWARD</u>	<u>Kenilworth Runners</u>	00:20:15
36	36		<u>Sean MITCHELL</u>	<u>Kenilworth Runners</u>	00:20:35
45	45		<u>Sam LEADLEY</u>	<u>Kenilworth Runners</u>	00:21:06
60	60		<u>Alan MALIK</u>	<u>Kenilworth Runners</u>	00:21:40
73	3		<u>Jane KIDD</u>	<u>Kenilworth Runners</u>	00:22:22
78	75		<u>Mark ALLDRITT</u>	<u>Kenilworth Runners</u>	00:22:30
83	5		<u>Louise ANDREWS</u>	<u>Kenilworth Runners</u>	00:22:39
112	10		<u>Melissa JANDA</u>	<u>Kenilworth Runners</u>	00:23:25
131	119		<u>John MCKENNA</u>	<u>Kenilworth Runners</u>	00:23:47
157	142		<u>Martin BELCHER</u>	<u>Kenilworth Runners</u>	00:24:34
180	162		<u>Fred REX</u>	<u>Kenilworth Runners</u>	00:25:06
294	243		<u>John WEIR</u>	<u>Kenilworth Runners</u>	00:28:04
354	280		<u>Richard MILLER</u>	<u>Kenilworth Runners</u>	00:29:46
372	85		<u>Gemma MCGOVERN</u>	<u>Kenilworth Runners</u>	00:30:11

Leamington parkrun event #401

A total of 358 runners took part.

<u>Position</u> ▼	<u>Gender Position</u> ▼	<u>parkrunner</u> ▼	<u>Club</u> ▼	<u>Run Time</u> ▼
100	93	<u>Philip HOUGHTON</u>	<u>Kenilworth Runners</u>	00:25:31
101	94	<u>Simon MOTTERSHEAD</u>	<u>Kenilworth Runners</u>	00:25:32
119	111	<u>Ian BEASLEY</u>	<u>Kenilworth Runners</u>	00:26:21
151	133	<u>Jim BRAITHWAITE</u>	<u>Kenilworth Runners</u>	00:27:44
188	157	<u>Thomas DABLE</u>	<u>Kenilworth Runners</u>	00:28:55
214	172	<u>Frank WALSH</u>	<u>Kenilworth Runners</u>	00:30:06
259	194	<u>Paul BUCHAN</u>	<u>Kenilworth Runners</u>	00:32:19
292	83	<u>Pauline DABLE</u>	<u>Kenilworth Runners</u>	00:33:59
352	121	<u>Maggie BOWES</u>	<u>Kenilworth Runners</u>	00:52:55
353	122	<u>Stephanie LUNN</u>	<u>Kenilworth Runners</u>	00:53:04

Arrow Valley parkrun event #336

A total of 384 runners took part.

<u>Position</u> ▼	<u>Gender Position</u> ▼	<u>parkrunner</u> ▼	<u>Club</u> ▼	<u>Run Time</u> ▼
20	20	<u>Clive PEARCE</u>	<u>Kenilworth Runners</u>	00:21:15
44	42	<u>Stu MARTIN</u>	<u>Kenilworth Runners</u>	00:23:05
221	56	<u>Sue MARTIN</u>	<u>Kenilworth Runners</u>	00:29:59

Brueton parkrun event #436

A total of 385 runners took part.

<u>Position</u> ▼	<u>Gender Position</u> ▼	<u>parkrunner</u> ▼	<u>Club</u> ▼	<u>Run Time</u> ▼
71	6	<u>Rachel ARMSTRONG</u>	<u>Kenilworth Runners</u>	00:23:23
74	7	<u>Lucy WILLIAMS</u>	<u>Kenilworth Runners</u>	00:23:29

Cornwall parkrun event #335

A total of 290 runners took part.

<u>Position</u> ▼	<u>Gender Position</u> ▼	<u>parkrunner</u> ▼	<u>Club</u> ▼	<u>Run Time</u> ▼
7	7	<u>Huw RILEY</u>	<u>Kenilworth Runners</u>	00:19:38

Kingsbury Water parkrun event #276

A total of 332 runners took part.

<u>Position</u> ▼	<u>Gender Position</u> ▼	<u>parkrunner</u> ▼	<u>Club</u> ▼	<u>Run Time</u> ▼
24	23	<u>Neil SMITH</u>	<u>Kenilworth Runners</u>	00:21:54

Ormeau parkrun, N Ireland event #279

A total of 299 runners took part.

<u>Position</u> ▼	<u>Gender Position</u> ▼	<u>parkrunner</u> ▼	<u>Club</u> ▼	<u>Run Time</u> ▼
11	11	<u>Peter BRYAN</u>	<u>Kenilworth Runners</u>	00:19:58

Stratford-upon-Avon parkrun event #144

A total of 299 runners took part.

<u>Position</u> ▼	<u>Gender Position</u> ▼	<u>parkrunner</u> ▼	<u>Club</u> ▼	<u>Run Time</u> ▼
2	2	<u>Oliver FLIPPANCE</u>	<u>Kenilworth Runners</u>	00:18:46
19	17	<u>Craig PHILLIPS</u>	<u>Kenilworth Runners</u>	00:20:37
23	3	<u>Jane PHILLIPS</u>	<u>Kenilworth Runners</u>	00:21:09
34	5	<u>Gail AUDHALI</u>	<u>Kenilworth Runners</u>	00:21:44
103	86	<u>Ben FLIPPANCE</u>	<u>Kenilworth Runners</u>	00:24:54
113	93	<u>Robert GREENWAY</u>	<u>Kenilworth Runners</u>	00:25:36
137	27	<u>Helen BAKER</u>	<u>Kenilworth Runners</u>	00:26:33 100th

Perry Hall parkrun event #209

A total of 136 runners took part.

<u>Position</u> ▼	<u>Gender Position</u> ▼	<u>parkrunner</u> ▼	<u>Club</u> ▼	<u>Run Time</u> ▼
3	3	<u>Joe CHICK</u>	<u>Kenilworth Runners</u>	00:19:27

Daventry parkrun event #217

A total of 198 runners took part.

<u>Position</u> ▼	<u>Gender Position</u> ▼	<u>parkrunner</u> ▼	<u>Club</u> ▼	<u>Run Time</u> ▼
1	1	Keith BEASLEY	Kenilworth Runners	00:19:03

Erddig parkrun event #125

A total of 139 runners took part.

<u>Position</u>	<u>Gender Position</u>	<u>parkrunner</u>	<u>Club</u>	<u>Run Time</u>
4	4	<u>Nick WILLIAMS</u>	<u>Kenilworth Runners</u>	00:19:33

Mudjimba Beach parkrun, Australia event #15

A total of 82 runners took part.

<u>Position</u>	<u>Gender Position</u>	<u>parkrunner</u>	<u>Club</u>	<u>Run Time</u>
9	9	<u>Richard ZANETTI</u>	<u>Kenilworth Runners</u>	00:22:38
37	9	<u>Anne THOMAS</u>	<u>Kenilworth Runners</u>	00:28:16

Fire Service College parkrun, Moreton in the Marsh event #1

A total of 117 runners took part.

<u>Position</u>	<u>Gender Position</u>	<u>parkrunner</u>	<u>Club</u>	<u>Run Time</u>
12	12	<u>Stewart UNDERHILL</u>	<u>Kenilworth Runners</u>	00:21:05
57	48	<u>Rob SMART</u>	<u>Kenilworth Runners</u>	00:27:01

Hull parkrun

A total of 423 runners took part. event #460

<u>Position</u>	<u>Gender Position</u>	<u>parkrunner</u>	<u>Club</u>	<u>Run Time</u>
10	10	<u>Simon CORLEY</u>	<u>Kenilworth Runners</u>	00:19:03

Banbury parkrun event #213

A total of 169 runners took part.

<u>Position</u> ▼	<u>Gender</u>	<u>Position</u> ▼	<u>parkrunner</u> ▼	<u>Club</u> ▼	<u>Run Time</u> ▼
59		10		<u>Tracy EDWARDS</u> <u>Kenilworth Runners</u>	00:26:57